



**Children**  
★are the★  
**Future**

## **CHILDREN ARE THE FUTURE : DOCUMENTARY FILM**



What Is the Legacy We are Leaving for Our Children?

# PREMISE



## CDC Report on Teachers' Mental Health\*

27%

OF TEACHERS  
SELF-REPORTED  
**SYMPTOMS  
CONSISTENT  
WITH CLINICAL  
DEPRESSION.**

37%

OF TEACHERS  
SELF-REPORTED  
**SYMPTOMS  
CONSISTENT WITH  
GENERALIZED  
ANXIETY.**

53%

OF TEACHERS ARE  
**THINKING ABOUT  
LEAVING THE  
PROFESSION—  
THAT'S MORE  
THAN BEFORE THE  
PANDEMIC.**

19%

OF TEACHERS  
**STARTED OR  
INCREASED ALCOHOL  
USE TO DEAL WITH  
STRESS DURING THE  
PANDEMIC.**

\*REPORT RELEASED IN MAY 2021.

In 2021 the US Surgeon General publicly declared children's mental health a 'national emergency crisis' (*see below for full statement*).

This documentary film is intended to **raise public awareness** about this critical time sensitive issue that is affecting over 50 million children, and provide Harvard science research backed solutions that are immediately implementable and that are already proven effective.

In this Timely and Profoundly Impactful **90 minute documentary film**, we reveal the children's mental health crisis in America and follow the stories of several children and school teachers in New York, Florida, Los Angeles and Maryland schools.

Inner city or lower socio-economic school districts are selected, based on locations we are already working with, to portray the most challenged children & teachers suffering and the critical need for a nationwide intervention.



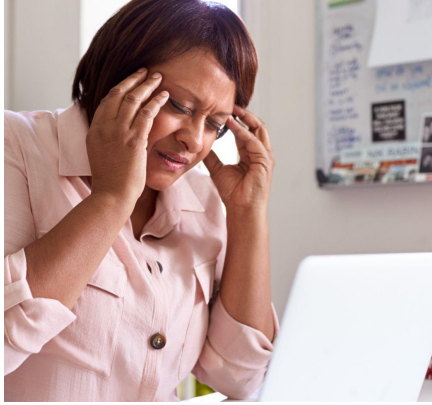
**We hear opinions and comments while asking high mileage questions to individuals in key decision-making positions, and individuals championing these issues for years.**



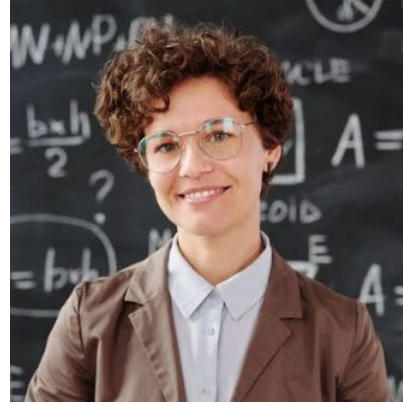




# MEET THE CAST



**Teacher 1:** many years in the profession, overweight, minority, female, burned out, frustrated with the system and ready to quit the profession.

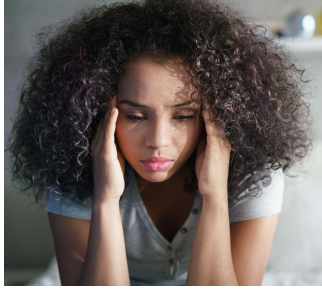


**Teacher 2:** newer to the profession, bright eyes and hopeful but with enough experience to feel there is a big problem here.



**Teacher 3:** practices yoga and meditation as well as health nutrition habits personally, and has the skills and knowledge from herself practice and studies to maintain her mental health and emotional stability throughout the challenges she is facing within her classrooms and at home. She teaches yoga and meditation to the children in her classroom, and we are able to see and share the children's immediate and long lasting benefits from this intervention.



**Child 1:**

Minority ethnic female child, suffering from PTSD and/or depression. Shares the story about her journey before and after the CATF intervention in school and her new outlook on life.



**Child 2:** Minority ethnic male child, suffering from ADHD and/or anxiety / depression or suicidal consideration. Shares the story about his journey before and after the CATF intervention in school and his new outlook on life.



**Child 3:** Non-minority/Caucasian child, who has been raised with yoga, meditation and healthy nutrition/ loving home environment. Shares the story about her/his journey in school and her/his outlook on life because of this healthy foundation.







**Expert 1: Dr Sat Bir Khalsa** from Harvard, shares his 20 years of science research about the benefits of meditation and yoga for improving mental health, with MRI brain scans and medical perspective about why this intervention is the most beneficial solution for children and schoolteachers to solve the children's mental health crisis.



**Expert 2: Dashama**, founder of Flow State Institute and Bright Future foundation (Children are the Future initiative) , shares her 17+ years' experience teaching and working with children, teachers and people of all ages, and some anecdotal information / stories about miraculous healing benefits of these practices for healing and optimal wellness.

**Expert 3: Krishna Kaur**, founder of Yoga for Youth foundation, shares her 24+ years' experience teaching and working with children, teachers, and people of all ages, in the school systems in America and shares anecdotal information / stories about miraculous healing benefits / stories of these practices for healing and optimal wellness for children.



**Expert 4: Yanna Darilis**, Phys. Ed. & Fitness specialist, Integrative Nutritionist and Plant based specialist & ND, PhD in Original Medicine candidate- Broadcast producer, director, and host, shares her wisdom about the correlation between nutrition and children's mental health and emotional well-being and proposes solutions for changing the school meal plan and exercise regimen for optimal health and nourishment to support the CATF mission.



**Expert 5: Scarlett Lewis**, founder of Choose Love Movement, shares the story of her 6-year-old son Jesse who was shot and killed by a classmate at school and how she channeled her grief into creating the CLM, emotional intelligence training for children, which is a part of the CATF initiative and program, and currently offered in over 10,000 schools in America effectively.



**Celebrity 1:** Known public figure (female who has children who practice yoga) shares their view on the children's mental health crisis and how they feel the CATF intervention will impact the lives of children, teachers, and the future of humanity. (Example: Giselle or Hilaria Baldwin)

**Administrator: Jessica Newburn** (VP of all 1300 California charter schools) Shares her perspective of the current state of children's mental health crisis and the teachers burn out situation, emphasizing the dire necessity for this to be an immediate focus for philanthropists and funding to support CATF as the intervention / solution in all schools across the USA.









# GUESTS



## **United States Secretary of Education:**

**Miguel Cardona, Washington D.C**

The secretary serves as the principal advisor to the president of the United States, and the federal government, on policies, programs, and activities related to all education in the United States.

## **District's Superintendents: Each State being featured**

The superintendent is the top executive ("CEO") in the school district. The superintendent implements the school board's vision by making day-to-day decisions about educational programs, spending, staff, and facilities.





## **Child Psychologist:**

### **Suggestion: HMQueen Diambi Kabatusuila -**

Educated in the United States, Queen Diambi holds a Doctor of Public Administration, a Doctorate Honoris Causa of Philosophy in Humanities, a Professorship in International Law and Order, a Master of Science in Applied Psychology, a Master Of Science in Mental Health Counseling, and holds a Bachelor Science in Business-Finance and Economics. Queen Diambi is the founder of the Elikia Hope Foundation, in NYC, and is the Minister of Foreign Affairs of the State of the African Diaspora of the 6th Region of Africa, which is recognized by the African Union.







NIHCM  
FOUNDATION



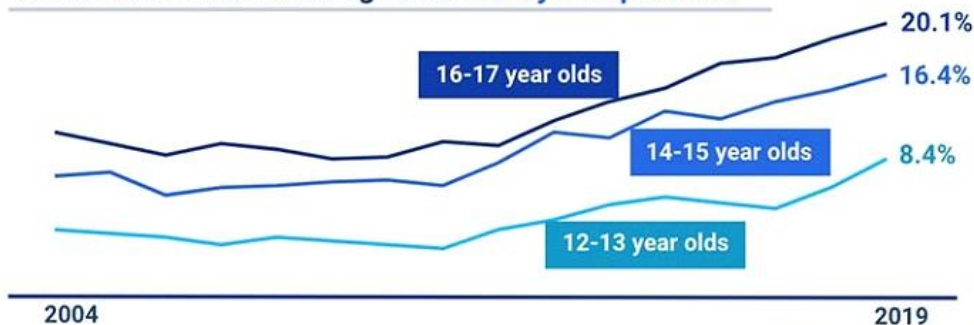
**75%** of all mental illnesses develop by age 24

Before the pandemic, up to **1 in 5** children had  
a diagnosed mental health disorder



Common mental illnesses among young people are  
**anxiety & depression**

Recent trends show rising rates of **Major Depression**



Increase in depression  
for children  
aged 12-17 between  
2004 & 2019



## **INTENDED OUTCOME/ CALL TO ACTION:**

We aspire for the viewers to:

Become aware of this children's mental health crisis and teacher burnout crisis in America.

Feel informed, moved, inspired, and motivated to support, take action, do what is necessary to solve this immediately.

Philanthropists feel moved to donate to the CATF endowment fund to support offering scholarships and funding to make CATF training available for all school teachers in all schools in America by 2030 as part of the UNSD

## **PRODUCTION TEAM:**

### **EXECUTIVE PRODUCERS:**

DASHAMA GORDON, YANNA DARILIS

### **DIRECTOR-PRODUCER:**

YANNA DARILIS

### **DIRECTOR OF PHOTOGRAPHY:**

DOMINICK CARDIELO

### **PRODUCERS:**

WRITER-SCRIPT- TBA







## **PRODUCTION TEAM:**

**Budget: \$500,000**

(Development, Above & Below the line budget (production and post production), Distribution Fees for multimedia platforms: PBS-Netflix, etc.

**DISTRIBUTION GOAL:** PBS, NETFLIX, AMAZON, GAIA, CURIOSITY STREAM, HULU, HBO MAX ETC.